Journey Details				Expense Items or Details	Mileage				Subsistence	Subsistence	Tick for	Other
Date	Time of Departure	Time of Return	Detailed Description of Approved Duty	of Journey	Car	Motor- cycle	Bicycle	Pass- enger	Taxed	Non-Taxed	meal Deduction	Travel
01/04/2016	09.30	11.30	Meeting with Kate Forbes to discuss ward issues including A82/Broadband	Kinlochleven to Glencoe (return)	14							
10/04/2016	19:30	Next Day	Southern Planning Area Committee (site visit)	Kinlochleven to HQ (return)	173						Yes	
12/04/2016	07:30	19:00	Southern Planning Area Committee	Kinlochleven to HQ (return)	173						Yes	
18/04/2016	08:30	14:30	Ward Business Meeting	Kinlochleven to Area (return)	44							
19/04/2016	18:15	22:00	Meeting with For Lochaber to discuss Commission for Local Democracy	Kinlochleven to Fort William (return)	44							
20/04/2016	08:30	17:30	Councillor surgery in Strontian and Acharacle	Kinlochleven to Achracle (return)	80							
21/04/2016	13:00	20:00	Drimnatorran Steering Group/Visit to Gortenfern to check planning conditions	Kinlochleven to Artdtoe (return)	90							
26/04/2016	07:30	15:00	Community Services Committee Opposition Briefing	Kinlochleven to HQ (return)	173							
28/04/2016	07:30	19:30	Community Services Committee	Kinlochleven to HQ (return)	173						Yes	
				Sub Total	964							
				Rate	£0.40	£0.240	£0.200	£0.050				
				Cash Value of Mileage Claim	£385.60	£	£	£		+		